



WOODSTOCK SCHOOL

Email: frontoffice@woodstock.school.nz

School web site: <http://www.woodstock.school.nz/>

PRINCIPALS NEWSLETTER 10 February 2020 No 1

"E tū kahikatea"

OUR MISSION STATEMENT

To ensure all of our tamariki achieve success within our culturally dynamic society.

School News

School Activities to Diarise for Term One

February	16	Weetbix Tryathon
	17	Class and Individual Photos
	19	BOT Meeting 6.30 (staffroom)
	21	Ballot closes
	24	PTA Meeting 7.00 (staffroom)
	25	Ballot drawn
March	26-4	Life Education
	17	Cluster Swimming
	19	Cluster Swimming P.P.D
April	09	Last day of term 1
	28	First day of term 2

Kia Ora Koutou Katoa

Dear Parents, Caregivers and Whaanau,

A very warm welcome back to the start of the 2020 school year. It was so lovely to see so many excited children returning to school and just as many happy parents.

We have a busy year ahead, and, are hoping that we will see the completion of our two new classrooms. These classrooms will replace the current prefabs, which are currently Rooms 10 and 11. We are also hoping to get our hall up and running at some stage during term 2 and will keep you updated on any progress in this area.

The Government has offered schools, with a decile rating of 1-7, funding of \$150.00 per student in lieu of school donations. The Woodstock School Board of Trustees have accepted this offer, which means that we have not requested our usual school donation of \$100.00 per student this year.

As usual we have lots of learning planned for the children this year and in this newsletter you will find an overview of what to expect, along with specific information from each syndicate. There is also important general information about the running of the school.

School Staffing

Principal: Mrs Jenny Mills

Deputy Principals: Mrs Maree Lewis and Ms Kym Lenihan

RIMU SYNDICATE

Room 1	Mrs Tracey Wickham	Year 1 (Leader of Learning)
Room 2	Miss Tayla-Jay Dearlove	Year 1
Room 3	Miss Hannah Goodbehere	Year 1
Room 7	Mrs Nakita Cunningham	Year 2
Room 8	Miss Rebecca Gilbert	Year 1 and 2
Room 9	Miss Frances Durbin	Year 2

KAURI SYNDICATE

Room 4	Miss Kaitlyn Mehrrens	Year 3
Room 5	Mrs Sara-Jane Kowalewski	Year 3
Room 6	Miss Anna Connolly	Year 3 and 4
Room 10	Ms Chris Read	Year 4 (Leader of Learning)
Room 11	Mr John Ward	Year 4

POHUTUKAWA SYNDICATE

Room 12	Mr David McHugh	Year 5 and 6
Room 13	Miss Kirsty Cathcart	Year 5 and 6 (Leader of Learning)
Room 14	Miss Staci Buckman	Year 5 and 6
Room 15	Mrs Bridget Overmayer	Year 5 and 6

RATA SYNDICATE

Room 17	Mrs Bronwyn Nicholas
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Literacy Teachers:

Mrs Helen Bryce

Mrs Gayle Evers

ICT/Library Teacher:

Mrs Claire Blomfield

Release Teachers:

Mrs Viv Ferris

Mrs Vanessa Pressagh

Mrs Leigh Phipps

Miss Caitlin Wheeler

Office:

Mrs Janeen Foote

Mrs Angela Allen

Caretaker:

Mr Tony Williams

Learning Support Assistants:

Mrs Margaret Tay

Miss Camillia Temple

Mrs Alison Motion

Miss Nardia Wallis

Mr Ben Marsters

Miss Tamar Peterken

Mrs Collette Allen

Miss Rebecca Hope

Mr Chris Hardy

Miss Pranita Naidoo

Ms Rachel Hirst

New Staff

We have a few staff members on maternity and study leave this year. This has meant that we have new teachers at Woodstock who are covering their positions. We also have new members to our support staff and would therefore like to welcome the following people:



Chris Hardy, Learning Support Assistant



Frances Durbin, Teacher, Room 9



Pranita Naidoo,
Learning Support Assistant



Nakita Cunningham
Teacher, Room 7



Dave McHugh
Teacher, Room 12



Anna Connolly
Teacher, Room 6



Tony Williams
Caretaker



Gayle Evers
Literacy Support



Kaitlyn Mehrtens
Teacher, Room 4



Rachel Hirst
Learning Support Assistant

Learning

Learning focus for our Woodstock Learner:

It is appropriate at the beginning of the year to share with you, once again, the learning focus for our Woodstock Learners throughout 2020. You will also receive more detailed information about your child's learning through your communications with your child's classroom teacher.

OUR MISSION STATEMENT

To ensure all of our tamariki achieve success within our culturally dynamic society.

OUR SCHOOL VISION

We aim to help our students contribute positively to their own wellbeing, and that of society and the environment, through our example and our teaching and learning programmes.

This vision is underpinned by

values and concepts

such as respect, honesty, compassion, trust and integrity and

- **Maanakitanga - welcoming all of our guests and new whanau**
- **Whaanaungatanga - connecting with others through shared experience**
 - **Kotahitanga – promote unity by all working toward a common goal**

We will support the development of these values and concepts by:

Participating and Contributing (focus for 2020)

- leadership activities
- including others
- showing responsibility through thoughts and actions
- showing citizenship
- being community minded

Building Positive Relationships

- developing empathy and respect for other people and cultures
- developing a positive self-image
- recognising the importance of relationships in the wider world e.g. Science, Environment. Education, the Arts, Technology
- developing ability to communicate cooperatively
- developing a sense of fairness and social justice

Self-Managing

- being motivated to do our best
- demonstrating perseverance in order to achieve
- continually developing self-awareness and well-being
- showing resilience in difficult situations
- being resourceful in solving our own problems

Participating and Contributing

- leadership activities
- including others
- showing responsibility through thoughts and actions
- showing citizenship
- being community minded

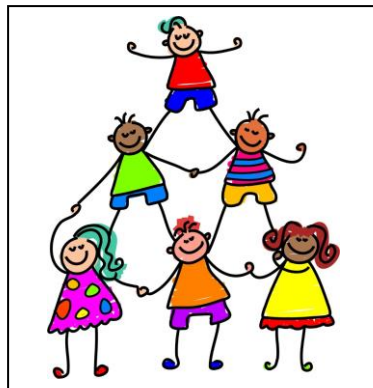
Thinking Constructively (continual focus)

- being reflective

- exploring knowledge
- creating new knowledge
- being innovative
- being problem solvers
- developing creativity

Being an Effective Communicator (continual focus)

- using the language of each curriculum area to express our knowledge and understandings of the world around us, access new knowledge and interact with others
- using appropriate ICT skills to enhance learning and communication



Pohutukawa Syndicate



Dear Parents, Caregivers and Whānau,

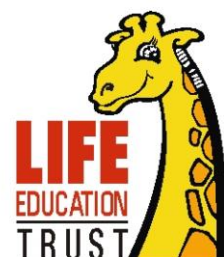
Happy New Year and a warm welcome back to school for 2020! We hope that you were able to have a nice, restful holiday break with your children. Welcome to any new families who have joined us this year too. We have a knowledgeable and enthusiastic team of teachers who will be working alongside you and your children this year!

Room 12 - Mr Dave McHugh
Room 14 - Miss Staci Buckman

Room 13 - Miss Kirsty Cathcart
Room 15- Mrs Bridget Overmayer

Woodstock Learner:

The Woodstock Learner focus for this year is participating and contributing. The students will be learning aspects such as; developing leadership skills, how to include others, how to show responsibility through their thoughts and actions, how to show citizenship and how to be community minded. This will run alongside one of our overarching values at Woodstock,



Whānaungatanga, which is all about connecting with others through shared experiences.

Our learning this term:

Big Learning: This term our major Big Learning curriculum focus is Social Sciences. The children will be exploring the overarching theme of Whānaungatanga. As part of this learning, students will be learning about the importance of having a growth mindset, how to resolve conflicts in constructive ways and how to deal with peer pressure (supported by a visit from the Life Education Trust).

Maths: Numeracy - Statistics, Number - Addition/Subtraction and Algebra.

Oral Language: Extending children's vocabulary and conversational skills.

Reading: Reading for meaning (comprehension strategies such as inferencing, summarising, retelling, making connections and questioning).

Health and Physical Education: Swimming and summer sports e.g. touch and cricket.

Maori Language: Pepeha, karakia, correct pronunciation, sentences in Te Reo and waiata.



Google Accounts:

Children in Year 5 and 6 are required to have a google account, due to much of their learning being completed using an online format. Children are given the opportunity to work collaboratively on projects and complete research tasks, thus developing student agency and encouraging greater ownership of learning. The students are closely monitored when working online and the tasks are meaningful and engaging, to support the book work they are also completing. The children are required to agree to follow usage guidelines and sign a contract, which they will bring home for your to sign too. **Once the contract has been signed and returned to school, students will be given their login information.** They can use this login information to access and share their work at home too.

Year 5 and 6 children also have the opportunity to bring their own device to school. The most suitable device for this is a Chromebook, in order for the students to access the chrome browser and for monitoring by the teacher. If you would like further information on BYOD or Google accounts, please speak to your child's classroom teacher.

Summer Months: Hats must be worn for the entirety of term one. If your child does not have a hat at break times, they are required to sit under the shaded play areas.

Swimming Days:

Room 12 - Monday, Tuesday, Wednesday and on odd weeks, Friday too.

Room 13 - Monday, Tuesday, Thursday and on even weeks, Friday too.



Room 14 - Monday, Wednesday, Thursday and on odd weeks, Friday too.

Room 15 - Tuesday, Wednesday, Thursday and on even weeks, Friday too.

Senior Swimming Sports:

Woodstock School's Senior Swimming Sports will be held in around week 6 (exact date still to be confirmed). The Fairfield Cluster Swimming Sports will be held in week seven on Tuesday 17th March (postponement day: Thursday 19th March). More details about this will come closer to the time.



Library Days:

Room 12 - Thursday

Room 13 - Wednesday

Room 14 - Tuesday

Room 15 - Monday

Tissues:

It is appreciated that all students contribute a box of tissues to their class for shared use. As you can imagine, we go through many boxes throughout the year!

Please do not hesitate to contact your child's classroom teacher if you have any queries, concerns or a positive comment to share. We look forward to the term ahead!

The Pohutukawa Syndicate teaching team -

Dave McHugh, Kirsty Cathcart, Staci Buckman and Bridget Overmayer.

KAURI SYNDICATE



Dear Parents, Caregivers and whanau,

Welcome back to a new school year! We extend a special welcome to all children and families new to Kauri Syndicate and Woodstock School.

We are delighted to welcome Miss Sara Jane Kowalewski to our Syndicate this year, having taught previously in the Rimu team, and Miss Anna Connolly and Miss Kaitlyn Mehrrens who are also new to Woodstock this year. The following teachers make up the Kauri teaching team:

Room 4 – Miss Kaitlyn Mehrrens (Year 3)

Room 5 – Miss Sara Jane Kowalewski (Year 3)

Room 6 – Miss Anna Connolly (Year 3 & 4)

Room 10 – Ms Chris Read (Year 4)

Room 11 – Mr John Ward (Year 4)

After a short first week back, children have settled in well and we have an exciting term of learning activities planned. Here are some important notices for Term 1.

Woodstock Learners – Participating and contributing Theme: Whanaungatanga

Our school-wide focus this year is on children participating and contributing by having:

- Leadership skills
- The ability to include others
- Responsible thought and actions
- Citizenship and community mindedness
- An understanding of the importance of sustainability
- Enterprising thoughts and actions.

All curriculum learning this year will be underpinned by the overall theme of Whanaungatanga, which is connecting with others through shared experiences and working together to develop a sense of belonging.



Term 1's Big Learning Curriculum focus: Social Science

This term, we are looking at the roles, rights and responsibilities people have as part of participating in groups. Essentially this will involve students understanding a range of roles within classroom relationships, ways to establish and maintain these, and how to respond to changes. Learning will also include a **Life Education module** about feelings and the way they can influence the way we act.

Stationery: Many children brought their stationery to school on the first day, so they're already enjoying using their books in class. Library visits began this week and your child will be able to bring school library books home in their book bag.

Thank you to all those families who have already sent along a box of tissues for the classroom. The children really appreciate having these in class to use. If you wish to recycle your newspapers, classroom teachers welcome donations.

Personal Belongings

Please help your child to be responsible for their own things by naming all their belongings, as well as their stationery. In this way, children are protecting their belongings and it's much easier to reunite the rightful owner with a mislaid possession!

Hats

Because it's summer, all children **must** wear hats when outside. As a health and safety measure, any child without a hat is restricted to playing under the trees outside the staffroom. Peaked caps are not permitted because they don't provide enough protection for little ears.

Classroom Swimming Times

Swimming is part of the Health and PE curriculum, so all children are expected to participate. Through the swimming programme, they develop confidence and learn how to keep themselves safe in and around water. If your child is unable to swim for some reason, please send a note to the classroom teacher.

Room 4 – Mondays, Tuesdays, Fridays

Room 5 - Mondays, Thursdays, Fridays

Room 6 – Tuesdays, Wednesdays, Fridays

Room 10 – Tuesdays, Wednesdays, Thursdays.

Room 11 – Mondays, Wednesdays, Thursdays.



Our Year 4 children have the opportunity to participate in the Senior Swimming Sports along with Year 5 and 6 children. Separate events are organised for each age group and children who receive a placing can also attend the annual Fairfield Cluster Swimming event. More details about this will follow shortly.

Year 4 Camp: Thursday 12 and Friday 13 November.

Year 4 children will attend Camp Karakariki in Week 2 of Term 4, so make a note of the above dates. We stay overnight and children enjoy a variety of fun activities during our two days there. Teachers attending are Chris Read, Anna Connolly and John Ward. Families of Year 4 children will receive more information about this shortly.

Meeting with Teachers

While teachers are usually available to talk with parents before or after school, it is not always convenient or private so, if you wish to speak with your child's teacher, please contact the school office to make an appointment.

Calendar of School Events and Activities

Remember to check your emails regularly to keep up to date with school news, information and events. All notices are delivered this way now, including sports notices, unless you have previously advised the school office that you don't have an internet connection.

**Kind regards,
Kauri Syndicate Teachers**



Rimu Syndicate



Dear Parents/Caregivers

A warm welcome to Woodstock School for the 2020 year. We hope you have all had a fantastic break with your family. We have a very enthusiastic and knowledgeable team of teachers to work alongside your child/ren this year. We would especially like to welcome Miss Frances Durbin and Whaea Nakita Cunningham to the Rimu teaching team.

Room 1 (Reception Room) - Mrs Tracey Wickham with Miss Tayla-Jay Dearlove (until Room 2 opens)

Room 7 (Year 1 and 2) - Whaea Nakita Cunningham

Room 2 (Year 1) - Miss Tayla-Jay Dearlove

Room 8 (Year 2) - Miss Rebecca Gilbert

Room 3 (Year 1) - Miss Hannah Goodbehere

Room 9 (Year 2) - Miss Frances Durbin

Our Learning

The Woodstock Learner focus for this year is Participating and Contributing. This involves the children learning about ideas such as; the ability to include others, leadership skills, citizenship skills and community-mindedness to name a few. Through exploring these ideas, along with similar themes, children will learn the building blocks to have a sense of belonging and the confidence to participate in new contexts.

This term our major focus is Social Science with a focus on belonging and participating. Children will be learning about what groups they belong to and how they participate and contribute within them. This is an excellent opportunity to talk to your child(ren) at home about their learning and any new information you can provide.

Sun Safety

It is essential that your child has a named sunhat at school each day in term one. It will be compulsory to wear a **brimmed** sun hat this term (not a cap) any time your child is outside. Children not wearing a sunhat will be asked to sit under the trees in the shade. You are welcome to send your child to school with sunscreen. Please note that teachers and other staff **are not** permitted to apply sunscreen to students. They must be able to apply this themselves.



Health Education: Food and nutrition: Woodstock Learner

Maths: Statistics, Number, Fractions

Oral Language: Expanding children's verbal expression through clever thinking and clever talking

Written Language: Conveying a clear message to an audience

Reading: Reading for Meaning

Physical Education: Swimming, water safety aquatics, co-operative games

Māori Fostering the concept of Whanaungatanga; Language - Pronunciation and Greetings, Mihi, Karakia, Waiata, Feelings, Family, Food - He kai hauora, Social Science key kupu.

Library Times

Your child's class visits the library once a week. For your child to be issued with a book they need to bring back their previous book and have their book bag.

Room 1 Friday **Room 2:** Tuesday **Room 3:** Friday **Room 7:** Monday **Room 8:** Monday
Room 9: Tuesday

Swimming Times

As we are swimming this term please ensure that your child brings their togs and towel in a named plastic bag. It is very helpful if togs, towels and clothing are named too.

Room 1/2: Tuesday, Thursday

Room 3: Monday, Tuesday, Thursday

Room 7: Monday, Wednesday, Friday

Room 8: Monday, Wednesday, Friday

Room 9: Tuesday, Wednesday, Thursday

Reading At Home

Readers will not be sent home in the first few weeks of this term while routines are being established. Once readers begin to go home, please note, new readers will not be issued until the previous reader has been returned. If your child loses or damages the reader please discuss this with the classroom teacher.

The Rimu Syndicate Teaching Team:

Tracey Wickham, Tayla-Jay Dearlove, Hannah Goodbehere, Nakita Cunningham, Rebecca Gilbert, Frances Durbin



Rata Syndicate

Welcome back to Woodstock School for the 2020 year. I hope you have all had a fantastic break with your family. I would like to start by welcoming David Boulton, and his parents Kristie and Shane to our class. We are so excited to have you join us. Our teaching team remains the same this year, myself and Niki, as well as our amazing

support staff, Colette Allen, Ben Masters, and Rebecca Hope.

Our Learning

The Woodstock Learner focus for this year is Participating and Contributing. This involves the children learning about how to respond to others, express their feelings and needs, participate in new interests, understand and follow rules and respect the environment. Through exploring these ideas, children will develop greater confidence in participating and contributing in different contexts.

Our curriculum focus this term is Social Sciences. We will be learning about different groups that we belong to and what makes us a valuable member and contributor of these groups. Ask your child about their learning and let us know any new information that may be of interest. Photos are always appreciated.

We are planning on going to the hydro therapy pools at Waterworld once a week for term one. This will be on a Monday afternoon and will be a great addition to our exercise programme. Niki would also like to incorporate some Yoga sessions when she is with us on a Monday which we are excited about.

Health Education: Making Healthy Choices: What does being healthy look like?

Maths: Numeracy, Statistics and Fractions

Oral Language: Expanding children's vocabulary, Conversations

Written Language: Conveying a clear message to an audience

Reading: Reading for Meaning, Prediction and Retelling, Making Connections, Questioning

Maori Language: Fostering the concept of Whanaungatanga; Language - Pronunciation and Greetings, Mihi, Karakia, Waiata, Feelings, Family, Food - He kai hauora, Social Science key kupu.

IEP's and meetings:

This term we will organise an IEP for all students. These will be an opportunity to set new goals as well as build on those goals previously set. The meetings will take place early on in the term. I will let you know the exact dates and times as soon as possible. These will once again be held between 2.30pm and 4.30pm. The format for these will be the same as last year so if you could please think about any goals that you may have for your child ready to discuss those with us.

Personal details:

Please let us know if there has been any changes to your personal contact details e.g. new mobile phone numbers. If you could also please let us know of any medical appointments for your child. It would also be great if you could check that any information from these appointments is forwarded on to myself or Niki (bronwynn@woodstock.school.nz or nikib@woodstock.school.nz)

Change in the medication routine

I will be making sure all your child's personal information in regards to medication, procedures for feeding, suction, changing and seizures are up to date. Please let us know if you have made any changes in regards to any extra care.

Illness

Just a reminder that if your child is continually coughing and sneezing it would be appreciated if you kept them at home. We know how easy it is for our children to pick up colds which can become serious quickly. It is really appreciated that we minimize the spreading of this.

Library Times:

Our library day is **Thursday**. For your child to be issued with a book they need to bring back their previous book and have their book bag.

Clothing:

Please ensure your child has **extra clothes and a SUN HAT** in their bag.

Please do not hesitate to ask if you have any questions or comments about your child.

The RATA syndicate

Bronwyn, Niki, Colette, Ben and Rebecca

Homework

Homework for children at Woodstock School will consist of the following:

RATA SYNDICATE

- A homework book that includes spelling words or letters to learn and a reading diary
- A home reader will also be sent home each day. Please write down the name of the book and sign it (to indicate it has been read) and then return the book the next day. A new book will not be sent home if the previous book is not returned.



RIMU SYNDICATE

- Homework diary for letters, high frequency words and basic maths
- A reading log
- Poem once a week.

KAURI SYNDICATE

- Reading log
- Maths check list with suggestions of how to support your child at home
- Friday poem book
- Occasional extra research, or talking with family, about the current big learning.

POHUTUKAWA SYNDICATE

- Parental encouragement of self-management skills to ensure their child reads for 15 minutes every night from the library book issued at school
- Where possible, use of the learning web sites that students have access to through the school (recommended 15 minutes)
- Occasional extra research, or talking with family, about the current big learning.

**As mentioned above learning which needs reinforcement,
e.g. spelling and times tables, is reinforced every day in school.**

News from BOT

Welcome back to those children and families returning in 2020 and a special warm welcome to our new tamariki and their families.

I'd also like to personally welcome our new teaching staff. I'm excited to see what your new energies and skills will bring to our school.

The Board will be meeting for the first time this year in the next couple of weeks, but I imagine that it will be business as usual for us going forward.

Our priorities continue to be supporting Mrs Mills and her hard-working team of teachers and overseeing the ongoing development and maintenance of our school.

Getting that hall of ours fixed is a pressing need and one we will focus on. The new classrooms is another. We will keep you updated.

I hope these first few (hot!) weeks run smoothly for us all.

*Your Chair,
Johanna Park*

News from Whānau Awhina

Whānau Awhina meets a couple of times a term.

If you'd like to support the Māori programme is the school in any way, we'd love to have you a long.

We welcome all members.

Keep an eye out for details of the first meeting of the year, coming soon!

News From the P.T.A.

Hi Woodstock Family!
**On behalf of the PTA, welcome to
the 2020 school year!**

The role of the PTA is to work closely with the school to fundraise money for special projects, sporting equipment, ICT equipment, and other items that the school needs, but potentially would not otherwise be able to purchase without our help.

We are always open to having new members join us, in whatever capacity you are able to give. We'd love to hear your fresh and fabulous ideas for fundraising, and always need volunteers to help with running them, so if you think you'd love to help support our children, we'd love to hear from you! Our meetings are every 6 weeks on a Monday night, or if you can't make a meeting, we can add you to the friends of the PTA email list so you can keep up to date with all the latest information, and then you can volunteer with any of the fundraisers that grab you.

If you'd love to join us, feel free to leave your details with the office, and we'll get in touch!

Kind Regards,

Michelle Leitch

PTA Chairperson



Welcome to the following children:

*David Boulton, Taylah-Rose Ormsby, Madden Harris,
Libby Harris, Keila Tafuna, Cameron James,
Tinoariki Dunlop, Zavier Ratu-Flesher, Ali Hashil,
Tiana Ratu-Flesher, Jonathan Bowers,
Olivia de Malmanche, Albert O'Connor,
Carter-Ray Marama-Feagai, Aman Thind, Jerome Miru,
Sabiriin Farah, Karsten Maisey, Milly McHugh,
Brooklyn-May Rota and Bronson Hughes.*

Scholastic Book Club

The new offer is now out. Ordering closes 21 Feb 2020.
Order online, or post orders with cheques or cash at the office slot.
All orders help our school earn more books for the school library.

Keep in Touch with Woodstock School:

We have numerous forms of communication with our school community that complement our tradition newsletters.

Smart school-to-home communication with “Beep”

This new school year, we are pleased to announce we will be operating a free school to home communication smartphone app called Beep. Beep is provided by School-links, a New Zealand communication provider the school already uses.

This will enable you to:

- receive news, newsletters, absence notifications and emergency alerts straight to your Smartphone.
- securely send absence notes to the office
- receive group messages for teams, clubs and special interest groups

You may find your other children’s schools, and early childhood centres will also be using the Beep app – all communications in one place!

To download the FREE app:

1. Go to Google Play (Android)
<https://play.google.com/store/apps/details?id=nz.co.beep.android.beep>

or the App Store (iPhone)



<https://itunes.apple.com/nz/app/beep/id1201078200>

2. Enable push notifications in your settings:
Settings > Notifications > Select Beep > Allow Notifications

Please note

The beep communication app is set up to load Woodstock School information once the **next** alert/message/email is sent from the school. We realise this is not ideal and can create a little confusion when parents are downloading the app for the first time

How much will it cost you?

The Beep app is free and the push notifications to your phone will use only a tiny amount of your mobile data, or you can use your home Wi-Fi network.

You don't have a Smartphone?

The School-links software is very intelligent and those caregivers who have not downloaded Beep will receive emails or SMS text messages instead of the Beep notifications. The school will continue to send all emergency alerts and absence notifications via email and text, as well as Beep, to ensure that we get critical messages through to caregivers.

Want to learn more?

To learn more about School-links or Beep visit <https://school-links.co.nz/beep-notifications/>

School Website

There is lots of information regarding Woodstock School held within www.woodstock.school.nz. The website is updating regularly with dates, information, photos and appropriate online learning links.

School Facebook Page

Join us on our Facebook page called 'Woodstock Primary School'. It is an excellent way to stay informed of events and reminders. We also regularly post photos of everyday life and learning celebrations at school.



Subway Lunch Orders – please read carefully

Subways are available on Thursday only and orders must be in before school. Please note that the ingredients are set and that you cannot request a particular sauce or no tomato etc. However you can request “no cheese”, but this is the only special request available. Cookies are not available for ordering. Please ensure the order includes your child's name and room number as well as the type of subway to be ordered.

Tōfā soifua

Nga mihi

Have a great day

Jenny Mills
Principal

Community News

YMCA After School Care Programmes

Fun at the end of the school day at YMCA After School Care Programmes. Welcome to all our customers to the YMCA Hamilton for 2020 If you are wanting to make a booking for the coming Term/Year. Please click on the link: <https://www.ymcauckland.org.nz/find-your-local/hamilton-recreationcentre/kids-programmes/before-after-school-care/> If you require any more information please do not hesitate to contact us on: 07 838 2529



More than a third of our children in NZ are now overweight. The most effective time to address children's weight issues is before they reach secondary school age. Bodywise is a group programme for children aged 5 through to 12 years. It involves participation of both the child and parent(s) in a 10 week group programme at Sport Waikato, Hamilton, with additional follow-up visits for a further 6 months. Programme topics include: healthy eating for families, school lunches and snacks, getting active, promoting self-esteem and confidence, tips for dealing with bullying, problem solving and goal setting. Adrianna and Anthonni are happy to receive any enquiries around being part of the Bodywise group programme.

For more information contact either:

Adrianna, Bodywise Dietitian:

P: 021955984 E. adrianna.hepburn@waikatodbh.health.nz

Anthonni Hall, Active Families Co-ordinator

P: 0273669676 E. anthonni@sportwaikato.org.nz

Kinds regards,

Adrianna Hepburn | Dietitian | Waikato District Health Board | 51 Gallagher Drive, Hamilton 3240
m 021 955 984 | e adrianna.hepburn@waikatodbh.health.nz

Waikato DHB vision: *Healthy People. Excellent Care*

Our values: *People at heart - Te iwi ngakaunui* | Give and earn respect - Whakamana | Listen to me talk to me - Whakarongo | Fair play - Mauri Pai | Growing the good – Whakapakari | Stronger together – Kotahitanga
'Improving Health Through Food and Nutrition'