



FAIRFIELD ROAD  
HAMILTON  
NEW ZEALAND

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7 August 2017

Dear Parents/Caregivers,

On Tuesday 22 August we will be holding our annual cross country event. As in previous years our cross country is part of a "Move It, Challenge It" day. Our postponement date is Thursday 24 August.

As stated in our New Zealand Curriculum under Physical Education *'by learning in, through and about movement, students gain an understanding that movement is an integral to human expression and that it can contribute to people's pleasure and enhance their lives. Physical education encourages students to engage in movement experiences that promote and support the development of physical and social skills'*.

The focus of "Move It, Challenge It" is for all of our Year 4 to 6 students to 'get moving' because they want to, not because they have to.

**The first event will be: "Move It", starting at 11am.**

This event is run in a similar way to orienteering. Students work in house teams of 6-7 students. They will be given a variety of activities that encourage them to "Move It".

We will require parents to assist with these activities. They will be organised for you.

**The second event will be: "Challenge It, starting at 1.30pm.**

This event is the traditional cross country event. It is open to any student that wishes to participate. This event will be run in year groups and gender groups (depending on the number of entries). The course will be outside the school grounds. For safety reasons we will require a number of parent helper for this to act as marshals along the course. Please indicate below if you are able to assist.

The first four placegetters will be invited to the Fairfield Cluster Cross Country the following week on Tuesday 29 August (postponement day Thursday 31 August).

Apart from the starting time we are unable to give the exact starting time for each group in the "Challenge It" event.

Our aim is to have 100% participation from all our students on this day. We wish to develop positive lifelong attitudes towards physical activity.

Kind Regards

Senior School Cross Country Coordinators.

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**Senior School Cross Country: Tuesday 22 August**

I am able to assist in the "Move It" part of the day.

Yes/No

I am able to assist in the "Challenge It" part of the day.

Yes/No

Signed: \_\_\_\_\_ Student's name: \_\_\_\_\_ Room No: \_\_\_\_\_

Contact phone number: \_\_\_\_\_